



The Parishes of St. Mary | Hornby, with Caton St. Joseph | Kirkby Lonsdale

Parishes in the Roman Catholic Diocese of
Lancaster Registered Charity Number 234331

Parish Newsletter

Sunday 18th July 2021
Sixteenth Sunday in Ordinary Time
Divine Office Psalter - Week 4
Sunday Readings - Year B
Weekday Readings - Year 1 Week 16

Parish Website

www.lunevalleycatholics.org.uk

Parish Priest

The Very Rev. Fr. Michael Docherty M.A., V.E.
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Parishes Safeguarding Officers

St. Mary
Marie Boardman
Barbara Young

St. Joseph
Julie Stafford

Churches

St. Mary
59 Main Street, Hornby, LA2 8JT

Our Lady Immaculate
Station Road, Caton, LA2 9QL

St. Joseph
Back Lane, Kirkby Lonsdale LA6 2AP



Parish Diary

Masses celebrated at Caton will be 'live broadcasted' via Zoom. Please follow link on the Parish Website.
* denotes Mass where no Mass Intention was requested by parishioners.

Sunday 18th July XVI Sunday in Ordinary Time Green Special Collection - Good Shepherd	18.00 Our Lady Mass Cynthia McPherson 09.00 St. Joseph Mass People of the Parish 11.00 St. Mary Mass Fr. John Lingard*
Monday 19th July Martyrs of Lancashire Red	08.15 St. Mary Mass Mike & Margaret Docherty*
Tuesday 20th July St. Apollinaris, Bishop & Martyr Red	10.00 Our Lady Mass The Atkinson Family PLEASE NOTE THE TIME OF MASS
Wednesday 21st July St. Laurence of Brindisi White	No public Mass
Thursday 22nd July St. Mary Magdalen White	18.00 St. Joseph's Sacrament of Reconciliation 18.30 St. Joseph's Mass Private Intention [AL]
Friday 23rd July Our Lady of Mount Carmel White	08.15 St. Mary Mass Margaret & Harry Jones
Saturday 24th July St. Bridget of Sweden White	17:30 Our Lady Sacrament of Reconciliation 18.00 Our Lady Mass The Bishop Family
Sunday 25th July XVII Sunday in Ordinary Time Green	09.00 St. Joseph Mass Kay Brown 11.00 St. Mary Mass People of the Parish There will be a blessing for Grandparents today!



New Covid Guidelines

The Diocese has issued revised guidelines to be observed following the announcement of the lifting of certain Covid restrictions. In light of these please note:

Face coverings should still be worn by all those coming to a church service (exemptions for medical reasons excluded.). Those who do not wish to wear a covering will not be banned from entering, but they will be encouraged to sit a distance away from other people.

Whilst social distancing will not be mandatory in our churches; while infection rates remain high locally some social distancing [1m+] will remain in place. Please be attentive to directions from stewards. Hand sanitising will remain necessary as people arrive.

The arrangements for Holy Communion remain the same. Holy Communion under both kinds will not be re-introduced at this time nor the Sign of Peace. Singing can be restored, though we may need to consider if this works with face coverings. The Bishops' Conference recommends a phased re-introduction of singing over the summer months - this will be the case here. Hymn books and service books can be used once in a day. We've also been advised that Mass should not be 'unnecessarily long'.

The Bishops' Conference have also indicated that the obligation to assist at Mass is unlikely to be restored until the beginning of Advent. However, they remind us that assisting at Sunday Mass is at least 'encouraged'.



Please pray

For those who are sick or housebound in the parish...

if you want to be included on this list please contact Fr. Michael. Also if you are aware of any errors, please inform Fr Michael via email as soon as possible

Brian Byrne, Sarah Adam, Dennis Brown, Paul Shuttleworth, Keith and Alexa Wightman, Sarah Mason, Kevin Casey, Esther Castle, Chris Broadhurst, Joan Randall, Hazel Waring, Eric and Nina Ireland, Sandie Hardy, Elizabeth Ackerley, Pepe Casanova, Karen Parkinson, Margaret Aspin, Bruce Kay, Colette Calveley, Lucy Ball, Maggie Trimble, Pauline O'Toole, Roberta Whiteside, Alan White, Lynne Griffiths, Margaret McMullen, Bryan Ingleby, Jenny Fisher, John McInerney, Robert Otway and Michael Hampson [Vicar at St. Margaret's Hornby]

For those whose anniversaries occur during and around this time
Mary Miller and George Metcalfe.



Reflecting on the Word of God

Shepherding

The Lord is my Shepherd, Psalm 23 says, but there are human shepherds, too.

In the First Reading God thunders against the human shepherds who are failures at shepherding.

Who are these miserable shepherds, these failures, with whom God is so indignant? Well, you can tell who they are by what God is angry at in them. They are the human beings who have not cared for the sheep, and those sheep are God's people.

Well, what did the shepherds fail to do when they failed to care for the sheep?

They didn't help the sheep get nurture; they drove the sheep away. They led the sheep in wrong directions. They scattered the sheep, so that instead of being one flock, the sheep were divided against each other into diverse small groups.

So think about it this way.

Do you lust for someone who is not your spouse? Do you think you are caring for one of God's children when you do? Do you smoke and overeat? What impact do your bad habits have on God's children? Is there no one of God's people who will grieve over you when you get sick? Do you laze around and waste your gifts by doing nothing?

Do you spend your time on foolish, frivolous things that help nobody? Do you think you are caring for God's people when you do? Do you gossip and undermine the reputation of others? Do you sow discord in your neighbourhood, in your church, in your family? Are you a divisive presence in your community? Do you think you are caring for God's children when you are?

Surely no one of us is so benighted as to suppose that God's thundering against miserable shepherds is meant only for priests who aren't good enough. That thundering is a warning for each one of us.

Every person has many of God's children in his care. The woman who empties your trash at work, the child in the row behind you who kicks your seat on the plane, the annoying non-stop talker at your dinner table, your old and highly inadequate mother, your very imperfect spouse—each of these is one of God's children, and each of them is in your care—a little or maybe even a lot.

All these are people that we ourselves shepherd—always with our Shepherd, whose grace we need to do it well.

Let us be careful not to be miserable shepherds for him.

Eleonore Stump
The Sunday Website
at Saint Louis University

Lord, inspire me to read your Scriptures and to meditate upon them day and night. I beg you to give me real understanding of what I need, that I in turn may put its precepts into practice. Yet, I know that understanding and good intentions are worthless, unless rooted in your graceful love. So I ask that the words of Scripture may also be not just signs on a page, but channels of grace into my heart. Amen.



Parish Notices

St. Joseph's Room.

We will begin clearing St. Joseph's Room in a couple of weeks. If you have personal items there please take them away as soon as possible to enable the 'sort out'. This is in preparation for a return to normality and [possibly] coffee after Mass...

Red Boxes

Now that restrictions are beginning to ease I would like to collect in the red boxes during the next few weeks. I know that Missio will be grateful for all contributions. Could you please bring your box to church and it will find its way to me. If there are any problems please do not hesitate to contact me. Many thanks Christine Griffiths.

Olive Branch

If you're able, please remember the Olive Branch Food Bank in your weekly shop. Baskets for items to be placed can be found in all our churches.

Email

Please contact Fr Michael on the email address listed on the front of the newsletter... its more direct that the parish email address.

Right to Life UK

Thanks to all who contacted MP's regarding proposed amendments that would have resulted in the removal of legal restrictions on abortion. We're glad to report that the amendments were withdrawn. Many MP's in the debate commented on the amount of correspondence they had received from constituents opposing these amendments. Lobbying works.

Retiring Collection

There is a retiring collection for the Good Shepherd Fund this weekend.

World Day for Grandparents and the Elderly

The Holy Father has designated 25th July the first World Day for Grandparents and the Elderly. Attached to this email are many resources provided for this from the Dicastery for Laity, Family and Life.

There will be a blessing of grandparents at the end of Mass that weekend...

Cor et Lumen Christi Conference

Called to Glory conference and Miracle Healing Service ONLINE, 23-24 July 2021.

For more information and booking, please go to www.coretlumenchristi.org or email stcuthberts@coretlumenchristi.org

Fatima - a new film about the apparitions

A new film about the apparitions of Fatima starring Harvey Keitel among others is available to watch online and also at a number of venues across the UK. You can see cinemas where the film will be available here: <https://www.fatimafilm.co.uk/tickets>

CAFOD Family Summer Resources

We will be offering a prayer focus for each week of the summer holidays with some simple ideas, designed to help parents explore faith with their children, in solidarity with our global family. This will be available from mid-July at <https://cafod.org.uk/Pray/Prayer-resources>

Mass intentions

Please consider making a request that Mass is celebrated for a particular intention. Envelopes are available in all churches for this purpose.

An individual may ask a priest to offer a Mass for several reasons: for example, in thanksgiving, for the intentions of another person (such as on a birthday), or, as is most common, for the repose of the soul of someone who has died.

For more information about Mass intentions visit

<https://catholicexchange.com/what-are-mass-intentions-2>

New Auxiliary Bishop for Liverpool

The Holy Father, Pope Francis, has appointed Rev. Canon Thomas Neylon, as an Auxiliary Bishop of Liverpool and assigned him the Titular See of Plestia. Born in 1958 Bishop-elect Thomas Neylon is the oldest of three children of Irish parents who met in Warrington and were married at Sacred Heart Church in the town. His sister Mary lives in Cumbria and brother James in Newton-le-Willows.

Readers' Rota: Caton and Hornby

A new Readers Rota has been sent to the volunteers who read at the Caton and Hornby week-end Masses. Copies have also been put up in both churches. If anyone else would like to join either group (or re-join in the case of former readers), please contact Joe Armistead or Christine Doyle.

St. Mary's Garden

Many thanks to those who spent Saturday morning working on the garden. Your generosity of time and labour is very much appreciated...a recipe for one of the cakes

Nigella's Chocolate Olive Oil Cake

150 ml Olive Oil, 50 g Cocoa Powder, 125 ml boiling water, 2 tsp Vanilla Extract, 150 g Ground Almonds, 1/2 tsp bicarbonate of soda, 1 pinch of salt, 200 g Caster Sugar, 3 large eggs.

Preheat your oven to 170°C/150°C Fan/gas mark 3/325°F. Grease a 22 or 23 cm/ 9inch springform tin with a little oil and line the base with baking parchment.

Measure and sift the cocoa powder into a bowl or jug and whisk in the boiling water until you have a smooth, chocolatey, still runny (but only just) paste. Whisk in the vanilla extract, then set aside to cool a little.

In another smallish bowl, combine the ground almonds (or flour) with the bicarbonate of soda and pinch of salt.

Put the sugar, olive oil and eggs into the bowl of a freestanding mixer with the paddle attachment (or other bowl and whisk arrangement of your choice) and beat together vigorously for about 3 minutes until you have a pale-primrose, aerated and thickened cream.

Turn the speed down a little and pour in the cocoa mixture, beating as you go, and when all is scraped in you can slowly tip in the ground almond (or flour) mixture.

Scrape down, and stir a little with a spatula, then pour this dark, liquid batter into the prepared tin. Bake for 40-45 minutes or until the sides are set and the very centre, on top, still looks slightly damp. A cake tester should come up mainly clean but with a few sticky chocolate crumbs clinging to it.

Let it cool for 10 minutes on a wire rack, still in its tin, and then ease the sides of the cake with a small metal spatula and spring it out of the tin. Leave to cool completely or eat while still warm with some ice cream, as a pudding.